

# UVEX

PROTECTING PEOPLE

## DISPOSABLE EAR PLUGS

### Fitting Instructions

1. Wash your hands. Hold ear plug between thumb and forefinger and roll it. Compress the tapered end of the ear plug to a small cylinder.
2. To ensure a proper fit, reach your hand over your head and gently pull your ear upwards and outwards as shown. Insert the compressed, tapered end of the ear plug into ear canal
3. Push for 30 to 60 seconds until ear plug expands. Release, then push again for 5 seconds to ensure fit.
4. Entire ear plug, should be inside ear canal

**ALWAYS WEAR HEARING PROTECTION IN NOISE HAZARD AREAS**



uvex x-fit  
SNR: 37dB



uvex com4-fit  
SNR: 33dB



uvex hi-com  
SNR: 24dB

## ESIL AHLWAYO

### Indlela yoku sebenzisa

1. Geza izandla. Thatha isivikela ndlebe usifake phakathi komumwe wokukhomba nesithupha usi-sonta sonte. Cindezela isivikelandlebe ngase kugcineni, sibengu-mboshongo omcinyane.
2. Ukuze uqiniseke ukuthi usigqoke kahle, donsa igwagwa lendlebe liye phezulu kancane ukuze uqondise imbobo yendlebe, besuya faka isivikelandlebe sakho phakathi kwendlebe (Njengoba bakukhombisile). Qiniseka ukuthi isivikela ndlebe sakho sonke singene ngaphakathi kwendlebe, ngaphandle kwesiduni sayo.
3. Cindezela okwemizuzwana ephakathi kwe 30 ne 60, isivikela ndlebe sizesigcivale indlebe. Siyeke okwethutshana, besuya sicindezala eminye imizuzwana emihlanu.
4. Qiniseka ukuthi ugqoka isivikela ndlebe sakho ngasosonke isikhathi nxa ungena endaweni enomsindo.

**QINISEKA UKUTHI UGQOKA ISIVIKELA NDLEBE SAKHO NGASOSONKE ISIKHATHI NXA UNGENA ENDAWENI ENOMSINDO**

Clean plugs with clean water after use (do not use detergents).  
Store the plugs hygienically in their packaging.  
Check your ear plugs regularly for signs of wear.

Hlanza isivikela ndlebe sakho ngamanzi ahlanzekileyo (unga sebenzisi insipho).  
Sibuyisele endaweni yaso ngendlela ehlelekileyo.  
Qaphela ukuthi isivikela sakho sisesimeni esamkelekile ngasosonke isikhathi.

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